

You deserve to be safe. If you've experienced domestic or sexual violence, you are not alone. We are available 24/7 for free and confidential support.

Here are a few ways we may be able to help:

- Safety planning
- Crisis counseling (over the phone or in person)
- Emotional support
- Safe housing
- Counseling referrals for women and children
- Help with lock changes
- Emergency 911 phones
- Pet safe housing

- Support groups
- Support through legal process
- Family Law Clinic on site
- Assistance with writing orders for protection and/or harassment restraining orders
- Assistance with crime victim reparations
- Advocacy with schools, police departments, courts and more
- Assistance with accessing community resources

Please call our 24-hour hotlines to speak with an advocate:

Lewis House Hastings 651-437-1291

Lewis House Eagan 651-452-7288

Sexual Assault Services 651-405-1500